



Better Riding Course March 2012



Police Station, 302 North Row, Witan Gate East, Milton Keynes, MK9 2DS

<i>Session 1</i>	<i>Thursday 1st March 7.30pm - 9.30pm</i>	<i>Introduction - aims of the course. Attitudes and The System</i>
<i>Session 2</i>	<i>Thursday 8th March 7.30pm - 9.30pm</i>	<i>Review of week 1 Observation, Acceleration, Braking, Gears and Steering, Skidding</i>
<i>Session 3</i>	<i>Thursday 15th March 7.30pm - 9.30pm</i>	<i>Positioning and cornering</i>
<i>Riding Day</i>	<i>Saturday 17th March 10.00am - 3.00pm</i>	<i>Machine Control Day, Open University Walton Hall, Milton Keynes</i>
<i>Session 4</i>	<i>Thursday 22nd March 7.30pm - 9.30pm</i>	<i>Highway Code, Lines and Signs, Signals and Overtaking</i>
<i>Check Ride</i>	<i>Saturday 24th March 09.00 hrs - 12.00hrs 13.00hrs - 16.00hrs</i>	<i>Demonstration & check rides will take place on Saturday 24th March either morning or afternoon.</i>
<i>Session 5</i>	<i>Thursday 29th March 7.30pm - 9.30pm</i>	<i>Debrief of demonstration rides. Motorway riding, speed and safety and overview.</i>

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